



IMMIGRANT GIRLS, BOYS & MORE

Empowering Youth through Connection and Mentorship

PROGRAM DETAILS

This **free program** supports immigrant youth in enhancing their social connections, emotional well-being, cultural balance, employment opportunities, and more through:

- Open and non-judgmental conversations to foster healthy relationships
- One-on-one supportive counselling
- Career mentorship opportunities
- Communication and conflict resolution skills development
- Discussions around culture, values, self-esteem, consent, boundaries, dating and more

CONTACT

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ELIGIBILITY

Youth of all genders ages 12-18

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