



## WORKSHOP

# SUPPORTING CROSS-CULTURAL PARENTING FOR IMMIGRANT FAMILIES IN RURAL ALBERTA

### WHAT YOU WILL LEARN

- Practical, culturally responsive strategies to support immigrant families
- How to bridge cultural expectations while respecting diverse parenting styles
- Common cross-cultural parenting challenges and how to respond
- How migration affects family roles, stress, and relationships

You will also gain tools to help parents and caregivers:

- Balance their cultural values with Canadian parenting expectations
- Strengthen practical parenting skills
- Use positive discipline approaches that build healthy family relationships

### DATE

Wednesday, February 25, 2026  
10 AM - 11:30 AM  
Location: Online via Zoom

### WHO SHOULD ATTEND

- Settlement and immigration agencies serving rural communities
- Community organizations and non-profits
- Employment, family, and social service providers
- Settlement practitioners, outreach workers, and program coordinators

If you support immigrant families in rural Alberta, this workshop is for you.

### CONTACT

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