



EVERYDAY ENGLISH FOR SENIORS

Learn English. Build Confidence. Make New Friends.

PROGRAM DETAILS

Are you 55 or older and want to improve your English in a friendly, welcoming space?

Our **free part-time program** for seniors helps you strengthen language skills, connect with others, and feel more confident in daily life in Calgary.

What we offer:

- Improve speaking, listening, reading and writing skills
- First-language support to help you understand clearly
- Information about community resources and services
- Referrals based on your individual needs
- Opportunities for field trips, nature walks, picnics and community events
- Both online and in-person programming

SCHEDULE

Morning: 9:30 am – 12 pm

Afternoon: 1 pm – 3:30 pm

CONTACT

Sofia Oprinoiu

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ELIGIBILITY

All immigrant seniors, men and women aged 55 and over, are welcome

FUNDED BY

